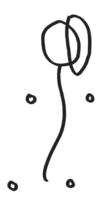
## Create a Quick Gesture Sketch

Capture the expressive gestures of figures in four easy steps. For each figure, spend about thirty seconds on each step. Create a sheet with multiple gesture sketches.

## **Materials**

- Paper
- Pencil





## Steps

- Draw the spine (central axis) of your figure by drawing a circle for the back of the head and an oval for the face.
- 2. Establish the tilt of the torso by using dots to mark the locations of the shoulders and hips.





- 3. Create a bean shape to capture how a torso twists on its axis (torsion).
  - Notice how the figure bends (compression) on the left side and stretches (extension) on the right side.
- 4. Add expressive arms and legs to create a gesture.